



CATHOLIC DAUGHTERS OF THE AMERICAS

PRINCE GALLITZIN COURT #2625
JUDY WOOD, REGENT
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VOLUME 1 ~ ISSUE 3 ~ MARCH 2010

Mission Statement The Catholic Daughters of the Americas¹

The purposes of the organization are to participate in the religious, charitable and educational Apostolates of the Church. Catholic Daughters of the Americas engages in creative and spiritual programs which provide its members with the opportunity to develop their God-given talents in meaningful ways that positively influence the welfare of the Church and all people throughout the world.

Catholic Daughters of the Americas strives to embrace the principal of faith through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

Change of April Meeting Location

Our April 12, 2010 Meeting of the Court will be held at Father Kelly Hall ~ Saint Therese the Child of Jesus Parish, 25th Avenue and 5th Street, in back of Altoona Central Catholic School. The meeting will be as usual at 7:00pm.

Saint Rose of Lima School is hosting an Open House that night and every room will be open for families to check out.

Fr. Grimme has graciously offered Father Kelly Hall; thank you -very- much Father!

CONTENTS

NATIONAL

MISSION STATEMENT 1
MOTTO 1
NATIONAL CONVENTION 2
CONTACT NATIONAL/STATE 6

LOCAL

APRIL 12 MEETING
LOCATION CHANGE 1
REGENT'S ADDRESS 2
MEETINGS 2
GAVEL RAPS! 4
RECIPES 5
NEXT ISSUE 7
CONTACT US LOCALLY 6
INTERNET ADDRESSES 7
FOOTNOTES 7
CIRCLE OF LOVE
LEADERSHIP 3
SPIRITUAL ENHANCEMENT 4
QUALITY OF LIFE 3
YOUTH/EDUCATION 3
LEGISLATION 3
CHARITABLE PROJECTS 3

In
Unity
and
Charity

**COURT PRINCE GALLITZIN # 2625
MEETING SCHEDULE**

**MEMBERSHIP MEETINGS ARE HELD THE SECOND MONDAY OF THE MONTH,
IN THE SAINT ROSE OF LIMA SOCIAL HALL, 5519 SIXTH AVENUE, ALTOONA, PA,
BEGINNING AT 7:00 PM, WITH A SOCIAL FOLLOWING THE MEETING.**

**IF YOU ARE INTERESTED AND WOULD LIKE TO LEARN MORE,
COME IN AND BE WELCOME ... JOIN US AT ANY OF OUR SCHEDULED MEETINGS!**

September 14, 2009	No Meeting in January	May 10, 2010	September 13, 2010
October 12, 2009	No Meeting in February	June 14, 2010	October 11, 2010
November 9, 2009	March 8, 2010	July 12, 2010	November 8, 2010
December 14, 2009	April 12, 2010	August 9, 2010	December 13, 2010

REGENT'S ADDRESS

Greeting to all! Our first meeting of the year was lengthy and very productive. Thank You for your cooperation! I promise our next will be shorter, and just as productive! We are unable to have our meeting on April 12 at Saint Rose of Lima. Fr. Grimme has offered us Father Kelly Hall at Saint Therese the Child of Jesus for our meeting. Father Kelly Hall is on 25th Avenue and 5th Street, in back of Altoona Central Catholic School. I am looking forward to meeting in a different Altoona Parish and enjoying the friendship of our Court!

Judy

**CDA 53RD NATIONAL CONVENTION
JULY 11 THROUGH JULY 19, 2010
BUFFALO, NEW YORK^{2, 3, & 4}**

**THERE IS STILL TIME TO REGISTER ...
WHY NOT MAKE YOUR PLANS TODAY!**

Exciting and Informative Workshops!
Spiritually Uplifting Liturgies!
Side-splitting Fun Night!
Rewarding Camaraderie!
Inspirational Talks!
Great Sights, Great Food, Great Accommodations!

National Convention Registration Fees:

Advance Registration (Prior to June 1, 2010)
Delegates \$90.00; Non-Delegates \$80.00; Chaplains No Charge

Late Registration (After June 1, 2010)
Delegates \$125.00; Non-Delegates \$110.00; Chaplains No Charge



Circle of Love

LEADERSHIP

Chair: Officers of the Court

QUALITY OF LIFE

Chair: Beth Sanders

NATIONAL / CHARITABLE PROJECTS

Chair: Margaret Novak
First Vice State Regent and District Deputy for Prince Gallitzin #2625

YOUTH / EDUCATION

Chair: Jennifer Crum; 946-5289

Happy Spring! We are so excited about the up coming event in April. The Catholic Daughters of the Americas Prince Gallitzin Court #2625 is having their second tour of the Cathedral of the Blessed Sacrament on Sunday, April 18, 2010, following the Noon Mass. The tour will be conducted by Monsignor Robert C. Mazur, from 1:30 pm until 2:30 pm, with a small social following afterwards. We are inviting four Religious Education Groups - Kindergarten through 11th Grade from the following parishes: Saint Mark's, Holy Rosary, Saint Therese the Child of Jesus, and Our Lady of Lourdes. All Court #2625 members and their family are invited to attend the Mass and the tour, for a rewarding religious experience! The refreshments will be provided by the members of the Youth and Education Circle of Love group. We look forward to seeing everybody at the Mass and the tour of the Cathedral of the Blessed Sacrament.

We will be continuing our support with the Altoona Catholic Youth Ministries - C.R.O.S.S. (Children Remembering Our Sacred Savior) program at Saint Mary Immaculate Conception (Altoona) Parish and Saint Rose of Lima Parish in the months of April and May. If you would like to help at C.R.O.S.S. with the Youth and Education Circle of Love, please contact Jennifer Crum.

The Youth and Education Circle of Love group will meet on Saturday, April 10, 2010 at 1:00 pm at Chili's in Altoona. New members are welcome to join and / or to attend. If you have any questions, please contact Jennifer Crum.

"The mind of the intelligent gains knowledge, and the ear of the wise seeks knowledge" Proverbs 18:15

LEGISLATION / OPERATION MORNING STAR

Chair/Submitted by: Karen Castagnola

"It has been said that exposing children to hardcore adult pornography is a form of child abuse. There is much truth in that, especially when children are repeatedly exposed to pornography. Those responsible for this abuse include Internet pornographers that allow children to view hardcore adult pornography free of charge and without proof of age. Those responsible also include prosecutors and law enforcement agents who have turned a blind eye to the proliferation of obscene materials on the Internet, and Congress for failing to hold the Justice Department and FBI accountable for their failure to vigorously enforce Internet obscenity laws." *By: Robert Peters, the president of Morality in Media*

For more info, see www.obscenitycrimes.org (Porn Problem & Solutions" and "Help for Parents" pages).



Circle of Love

Continued

SPIRITUAL ENHANCEMENT

Chair/Submitted by: Pattie Fromknecht

Stewardship Prayer⁵

Generous God,

I give thanks to You for the gifts You have given me ... my life, my family,
my friends, ... my talents, and my material possessions.

All that I have comes from You. Help me to remember this and rejoice in Your goodness.
Walk with me, my God. Help me on my spiritual journey, so that I may constantly renew my
relationship with You and all the good people in Catholic Daughters of the Americas.

Renew in me Your Spirit. Give me the strength and courage to become a better follower of
Jesus, to be a disciple. Help me hear the call to "Come, Follow Me."

I give glory to You, my God, as I make stewardship a way of life.

Amen.

Gavel Raps.-

By: Patricia Gildea, State Parliamentarian and Membership & Extension

Why Motion?

- ♥ Save time.
- ♥ Make sure only one member is speaking at a time.
- ♥ Make sure each member knows and understands, at the time the business item is on the floor for discussion or vote.
- ♥ Provide an exact format for record keeping by the secretary.
- ♥ Have our minutes and history in the exact wording we want it.
- ♥ Assure an effective, streamlined meeting with business lasting less than an hour (hopefully.)

Who Can Make a Motion?

- ♥ Any member or officer (except the regent, unless she vacates the chair for that item of business.)



Vegetable Recipes

Spinach Feta Tortellini

Submitted by: Laraine McGinnis, State Regent
lam1719@verizon.net

Ingredients:

1 pound frozen cheese tortellini (or meat)
1 box chopped frozen spinach
Tomato, diced & seeded
3/4 ounces crumbled feta cheese
(tomato-basil or plain)
4 cloves garlic – crushed
4 tablespoons olive oil
Pignoli nuts (optional)
Salt & Pepper to taste

Method:

- ♥ Boil water for tortellini and cook until al dente.
- ♥ Thaw frozen spinach under running hot tap water in colander.
- ♥ Squeeze water out of spinach.
- ♥ Heat olive oil in skillet.
- ♥ Add garlic & spinach & pignoli nuts (if using) - sauté for approximately 4 minutes.
- ♥ Add feta cheese and tomato.
- ♥ Pour over drained tortellini and mix well.
- ♥ Makes 3 – 4 servings. Great with a bagged salad & bread.
- ♥ Can be reheated on very low heat in microwave – good cold, too!

Glazed Carrots

Submitted by: Pattie Fromknecht (Mother's Recipe Box)
pattie@cda2625.com

Ingredients:

1 can tomato soup
1/2 cup oil
3/4 cup vinegar
1 cup sugar
1 teaspoon salt
1/2 teaspoon black pepper
1 teaspoon prepared mustard (dry)
1 teaspoon Worcestershire sauce
6 cups cooked carrots (about three pounds raw; cut into 1/4 inch circles)
1 medium green pepper; finely chopped
1 small onion; finely chopped

Method:

- ♥ Mix all ingredients ,except the carrots, together thoroughly.
- ♥ Add carrots
- ♥ Marinate in the refrigerator overnight
- ♥ Serve cold.



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INTERNET ADDRESSES AND FOOTNOTED REFERENCES

Catholic Daughters of the Americas Home Page

<http://www.catholicdaughters.org/>

Catholic Daughters of the Americas State Court Home Page

<http://www.cdapa.org/>

Prince Gallitzin Court #2625 Home Page

<http://www.cda2625.com/>

Altoona-Johnstown Diocese Home Page

<http://www.ajdiocese.org/>

United States Catholic Conference of Bishops

<http://www.usccb.org/>

The Vatican

http://www.vatican.va/phome_en.htm

Women of the World Clip Art Page 6 Courtesy of

<http://www.sugardoodle.net/sdclipart/?cat=143#>

¹Mission Statement ~ the Catholic Daughters of the Americas

<http://www.catholicdaughters.org/mission.shtml>

²CDA National Convention

<http://www.catholicdaughters.org/nationalconventionannounce.shtml>

³CDA National Convention; What to Expect

HTTP://WWW.CATHOLICDAUGHTERS.ORG/ASSETS/CONV2010/AD_FOR_CONVENTION.PDF

⁴Mailing to Regent: Convention Information Mailing

<http://www.catholicdaughters.org/assets/conv2010/>

[November Convention Mailing 2010 Final.pdf](#)

⁵Catholic Daughters Circle of Love - Spiritual Enhancement: Stewardship Prayer

<http://www.stewardshipli.org/main/prayer.html>

Newsletter

July 2010 Issue: When ~ Where ~ Who ~ What

- Deadline for submissions: July 17, 2010 (Always the third Saturday of the publication month.)
- Submit articles and/or digital images to: pattie@cda2625.com or Pattie Fromknecht, 203 31st Street, Altoona, PA 16602 (email is preferred and digital images should be in their original, unmodified format; include the date, location, and full name and title [if applicable] for everyone in the image.)
- Who should submit: Any Catholic Daughters of the Americas; please include your full name and home phone number and your Court's full name and number.
- What to submit:
 - Chairs for the Circle of Love should include a summary of events held / reports made since the last edition of this Newsletter.
 - Local, State, and National news of interest (relevant to CDA) from any Court.
 - Gavel Raps: Parliamentarian Practice and Procedure as endorsed/practiced by CDA.
 - Favorite Recipe: July, Barbeque Sauce
 - If it isn't your own original recipe, but a published recipe, please include the source; remember to include your full name and phone number and your Court.
 - Submit only one recipe.

